

Time

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1Lord, through all the generations you have been our home!
2Before the mountains were born, before you gave birth to the earth and the world, from beginning to end, you are God.
3You turn people back to dust, saying, "Return to dust, you mortals!" 4 For you, a thousand years are as a passing day, as brief as a few night hours.

Psalms 90:1-4

10 Seventy years are given to us! Some even live to eighty. But even the best years are filled with pain and trouble; soon they disappear, and we fly away.

Psalms 90:10

12 Teach us to realize the brevity of life, so that we may grow in wisdom.

Psalms 90:12

Whatever is good and perfect comes down to us from God our Father, who created all the lights in the heavens. He never changes or casts a shifting shadow.

James 1:17

14for the light makes everything visible. This is why it is said,

"Awake, O sleeper, rise up from the dead, and Christ will give you light." Living by the Spirit's Power 15So be careful how you live. Don't live like fools, but like those who are wise. 16Make the most of every opportunity in these evil days. 17Don't act thoughtlessly but understand what the Lord wants you to do. 18Don't be drunk with wine, because that will ruin your life. Instead, be filled with the Holy Spirit, 19singing psalms and hymns and spiritual songs among yourselves, and making music to the Lord in your hearts. 20And give thanks for everything to God the Father in the name of our Lord Jesus Christ

Ephesians 5:14- 20

14How do you know what your life will be like tomorrow? Your life is like the morning fog—it's here a little while, then it's gone.

James 4:14

13No, dear brothers and sisters, I have not achieved it'd, but I focus on this one thing: Forgetting the past and looking forward to what lies ahead, 14I press on to reach the end of the race and receive the heavenly prize for which God, through Christ Jesus, is calling us.

Philippians 3:13-14:

Growth Group Questions

Time

1. How did you spend your time today? Walk us through your day.
2. When you were a kid what was your parent's stance on time? If you showed up on time were you good? Or did you have to be 5 minutes early to be on time? Or were they always late and it didn't matter?
3. Time is something that none of us can get back. Every moment we lose more of it. With that in mind what is something from your past you wish you had given more time? And why? (Example: school work, family, sports, church etc.)
4. Re Read James 4:14. One day are days will end on earth. How do you want your time on earth to be remembered? And do you think that you are on track to be remembered that way?
5. Time is so precious. Are you taking full advantage of it? Are looking at time as a gift? How can you change your heart and mind to be open to this beautiful gift? Share with the group how you will enjoy this gift of TIME?