

iChoose Series

## “Important over Urgent”

*As Jesus and the disciples continued on their way to Jerusalem, they came to a certain village where a woman named Martha welcomed him into her home. Her sister, Mary, sat at the Lord’s feet, listening to what he taught.*

Luke 10:38-39 (NLT)

*But Martha was distracted by the big dinner she was preparing. She came to Jesus and said, “Lord, doesn’t it seem unfair to you that my sister just sits here while I do all the work? Tell her to come and help me.”*

Luke 10:40 (NLT)

**You have time for  
what you choose to have time for.**

*But the Lord said to her, “My dear Martha, you are worried and upset over all these details! There is only one thing worth being concerned about. Mary has discovered it, and it will not be taken away from her.”*

Luke 10:41-42 (NLT)

**Martha chose the urgent.**

**Mary chose the important.**

*So be careful how you live. Don’t live like fools, but like those who are wise. Make the most of every opportunity in these evil days. Don’t act thoughtlessly, but understand what the Lord wants you to do.*

Ephesians 5:15-17 (NLT)

**What’s the most important thing you have  
been distracted from pursuing?**

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	Urgent	Not Urgent
Important		
Not Important		

**SO WHAT?**

**Choosing the Important:**

**Create Deadlines.**

*For everything there is a season,  
a time for every activity under heaven.*

Ecclesiastes 3:1 (NLT)

**Be ruthlessly selective about your  
Yeses.**

*Look straight ahead,  
and fix your eyes on what lies before you.  
Mark out a straight path for your feet;  
stay on the safe path.  
Don’t get sidetracked;  
keep your feet from following evil.*

Proverbs 4:25-27 (NLT)

**Do first what matters most.**

*Listen to my voice in the morning, Lord.  
Each morning I bring my requests to you and wait expectantly.*

Psalms 5:3 (NLT)

## **Growth Group Questions**

(Questions and Scriptures for further study)

1. If you got an extra two hours each day, what would you do more of?

2. What word best describes your last few weeks? (Relaxed, busy, full, fun, rewarding) Why?

3. Name three urgent things you need to do and three important things you need to do.

Which of these are getting more of your time?

4. Re-read Luke 10:38-42. Do you identify more with Mary or Martha? Explain.

5. Share your answer: What is the most important thing you have been distracted from pursuing?

What do you need to stop doing to pursue it?

6. What are you saying 'yes' to that you need to say 'no' to?

Create a deadline and take your first step to saying no.

7. What important things can you start to do first so that you don't end up neglecting them in your life?

When will you do them in your week, month, or year?